

Advancing a Trauma-Informed Continuum in the Perinatal Period-- Implementation Frameworks and Evidence-based Options

Workshop Description

Awareness of the intergenerational and population health impact of childhood trauma or adverse experiences is now widespread in health care settings. The opportunity that perinatal care organizations have to address trauma and its sequelae is clear. Integrated health and mental health approaches are ideal. This practical workshop will focus on implementation of evidence-based programs/practices, including in low-resource settings. Topics will include:

- Background on why an integrated trauma-informed approach is vital in perinatal services
- A service-delivery view of the trauma-informed "continuum" of services
- Overview of available evidence-based interventions and evolving treatment evidence
- Examples of implementation frameworks for hospital, provider groups, and community settings
- Hands-on activity to apply a framework to a next step forward in various settings

Registration Fee

\$150

Target Audience

Anyone interested in practical information about providing trauma-informed services for childbearing women.

Presented by

Julia Seng, PhD, CNM, FAAN

Professor Seng is a nurse and midwife whose program of research has spanned 20 years, including qualitative, clinical, biological, and large database studies of the impact of trauma on childbearing. She has co-developed and is studying with Dr. Mickey Sperlich a perinatal psychoeducation program that fits into the trauma-informed continuum in the middle—as a targeted intervention. As a professor, she teaches implementation of evidence-based innovations into healthcare.