

Postpartum Support International Perinatal Mood Disorders Certificate Training

Workshop Description

The 2-day PSI Certificate of Completion Course, taught by experienced and engaging faculty, is a thorough and evidence-based curriculum designed for perinatal mental health providers. The training covers skills and knowledge for assessment and treatment of perinatal mood disorders, including screening, cultural concerns, psychotherapy, psychopharmacology during pregnancy and lactation, and reliable resources for family support and provider education. Registration includes training binder, handouts, breakfast and lunch, and continuing education credits. Approved for CMEs, CNEs, and CEs.

Registration Fee

\$375

Target Audience

Primary care providers, psychiatrists and advanced nurse practitioners, psychotherapists and social workers, nurses, affiliated advocates and childbirth professionals.

Presented by

Birdie Gunyon Meyer RN, MA, PMH-C

Birdie Meyer is an RN with a Master's Degree in Psychology/Counseling and a Certified Perinatal Mental Health Professional. She is a childbirth educator and a lactation counselor, was the Coordinator of the Perinatal Mood Disorders Program at Indiana University Health, and a Past-President of PSI. She is currently the PSI Certification Director. Birdie has been training providers for over 25 years and is an international trainer for PSI's 2-day perinatal mood disorders certificate course.

Pec Indman EdD, MFT, PMH-C

Pec Indman, PA, EdD, MFT, PMH-C, is an internationally recognized expert in the field of maternal mental health. A former family practice physician assistant with a master's degree in Health Psychology and a doctorate in Marital and Family Therapy, she had a psychotherapy practice specializing in perinatal mental health for twenty-five years. She's been an invited participant and subject matter expert for projects and programs for the National Institute of Mental Health and the Department of Maternal Child Health Bureau, HRSA, the American College of Ob/Gyns, and the National Perinatal Association. Pec co-authored the award-winning book, [Beyond the Blues, Understanding and Treating Prenatal and Postpartum Depression & Anxiety](#) (2019).

Jennifer Payne MD

Dr. Jennifer L. Payne is the founder and Director of the Women's Mood Disorders Center at the Johns Hopkins School of Medicine, and in addition to providing outstanding clinical care for women with mood disorders, she also conducts research into the genetic, biological, and environmental factors involved in postpartum depression. Dr. Payne also serves as the Deputy Representative of the Women's Caucus to the American Psychiatric Association Assembly; has been named a Distinguished Fellow by the American Psychiatric Association. She serves as a consultant on the PSI Perinatal Psychiatric Consult Line.