

# Psychological Impact of Perinatal Death: Theory, Research and Best Practice

## Workshop Description

Nearly one quarter of all known pregnancies result in pregnancy loss. The expected grief and frequently evident PTSD are compounded by postpartum effects, a fact which is often overlooked.

This intensive workshop provides a foundation of essential medical knowledge to build specialty skills in clinical evaluation and intervention while facilitating participant learning and self-awareness. Dr. Rich's unique approach interweaves three lineages of research and practice: perinatal mental health, complicated grief and transition to parenthood identity.

Lecture and video will address these topics: best practice in the medical setting, medical terminology and procedures, patterns of perinatal grief, normal trajectory of grief, differential diagnosis considerations and psychotherapeutic interventions. Impact of health disparities and COVID will be explicitly addressed. For more information about the presenter, please visit [www.shoshanacenter.com](http://www.shoshanacenter.com)

## Workshop Start Time

US - Pacific	US - Mountain	US - Central	US - Eastern	BRT (Brasília)	BST (British Summer Time)	CEST (Central European Summer Time)	SAST (South Africa Standard Time)	IST (India Standard Time)	JST (Japan Standard Time)	AEST (Australian Eastern Standard Time)	AEDT (Australian Eastern Daylight Time)
Mon 12:00 PM	Mon 1:00 PM	Mon 2:00 PM	Mon 3:00 PM	Mon 4:00 PM	Mon 8:00 PM	Mon 9:00 PM	Mon 9:00 PM	Tue 12:30 AM	Tue 4:00 AM	Tue 6:00 AM	Tue 7:00 AM

## Registration Fee

**\$75**

## Target Audience

Psychotherapists, prescribers and birth professionals.

## Presented by

### **Deborah Rich, PhD, Licensed Psychologist**

Deborah has 35+ years experience providing psychotherapy, consultation, program development and professional training. After a number of years working in community mental health, and prompted by personal experience, she completed a doctorate doing published research in pregnancy loss clinical interventions. Deborah was the first Pregnancy Loss Coordinator for a multi-hospital and clinic system for 13 years until the program was dismantled. Since then, she has developed MommaCare™ training in pregnancy loss and has trained professionals internationally.